

FEBRUARY 2018

FRIESS LAKE SCHOOL DISTRICT LUNCH MENU

Menu subject to change. Lunch Price is \$2.65. All meals come with choice of low-fat or skim milk; ala carte milk is 25¢. Fresh Apples offered as a daily fruit choice.



American
Heart Month



Children's
Dental
Health Month

Monday	Tuesday	Wednesday	Thursday	Friday
<p>CAULIFLOWER</p>			1-Feb	2-Feb
<p>Lasagna or Turkey & Cheese Roll-up Tossed Romaine Salad Green Beans Peach Slices Garlic Bread</p>	<p>BQ Rib Sandwich or Yogurt & Muffin Tossed Romaine Salad Oven Baked Fries Baked Beans Fresh Grapes</p>	<p>5-Feb</p>	<p>6-Feb</p>	<p>7-Feb</p>
<p>Chicken Strips or PB&J & String Cheese Tossed Romaine Salad Assorted Fresh Vegetables Pineapple Tidbits Sliced Wheat Bread</p>	<p>Nachos Supreme or Grilled Chicken Sandwich Tossed Romaine Salad Refried Beans Corn Pear Slices</p>	<p>Breaded Chicken Sandwich or Build-Your-Own Pizzable Tossed Romaine Salad Garden Green Peas Mandarin Oranges Sherbet Cup</p>	<p>8-Feb</p>	<p>9-Feb</p>
<p>12-Feb</p>	<p>13-Feb</p>	<p>14-Feb</p>	<p>15-Feb</p>	<p>16-Feb</p>
<p>Olympic Chicken Rings or Yogurt & Muffin USA Tossed Salad Winter Blend Veg Gold Medal Fruit Medley PyeongChang Pudding 2018 Winter Olympics</p>	<p>Chili Dog or Hot Dog or PB&J & String Cheese Tossed Romaine Salad Tator Tots Baked Beans Applesauce</p>	<p>♥-Shaped Chicken Nuggets or Ham & Cheese Roll-up Tossed Romaine Salad Glazed Carrots Applesauce Jello Happy Valentine's Day</p>	<p>Sausage Pizza or Turkey & Cheese Bagel Tossed Romaine Salad Corn Fresh Apple Slices Cookie</p>	<p>Crispy Baked Fish or Popcorn Chicken Tossed Romaine Salad Oven Baked Fries Pear Slices Coleslaw & Dinner Roll</p>
<p>19-Feb</p>	<p>20-Feb</p>	<p>21-Feb</p>	<p>22-Feb</p>	<p>23-Feb</p>
<p>No School Today</p>	<p>Cheese Dunkers & Sauce or Ham & Cheese Roll-up Tossed Romaine Salad Garden Green Peas Fruit Cocktail Birthday Treat Happy February Birthdays</p>	<p>Teriyaki Chicken Bites or Yogurt & Banana Bread Tossed Romaine Salad Steamed Rice Broccoli Florets Pineapple Tidbits</p>	<p>Mini Corn Dogs or PB&J & String Cheese Tossed Romaine Salad Baked Beans Country Mixed Vegetables Pear Slices</p>	<p>Grilled Cheese or Chef Salad Tossed Romaine Salad Tomato Soup Assorted Fresh Vegetables Peach Slices</p>
<p>26-Feb</p>	<p>27-Feb</p>	<p>28-Feb</p>		
<p>Chicken Nuggets or Turkey & Cheese Roll-up Tossed Romaine Salad Roasted Cauliflower Applesauce Sliced Wheat Bread</p>	<p>Pepperoni Pizza Wedge or PB&J & String Cheese Tossed Romaine Salad Assorted Fresh Veggies Pear Slices Ice Cream Cup</p>	<p>Cheeseburger or Hamburger or Ham & Cheese on Bun Tossed Romaine Salad Baked Beans Fresh Orange Wedges Baked Lays Potato Chips</p>		