

# MAY & JUNE 2017






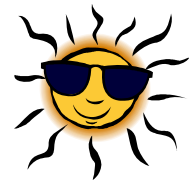
## FRIESS LAKE SCHOOL DISTRICT LUNCH MENU



# SCHOOL LUNCH HERO DAY

# May 5th

Menu subject to change. Lunch Price is \$2.65. All meals come with choice of low-fat or skim milk; ala carte milk is 25¢. Fresh Apples offered as a daily fruit choice.

Monday	Tuesday	Wednesday	Thursday	Friday
1-May BBQ Pulled Pork Sandwich or Yogurt & Muffin Tossed Romaine Salad Tator Tots Baked Beans Pear Slices 	2-May Cheeseburger Mac or Ham & Cheese Rollup Tossed Romaine Salad Garden Green Peas Fruit Cocktail Soft Breadstick	3-May Oven Roasted Chicken & Brea or Turkey & Cheese on Bun Tossed Romaine Salad Mashed Potatoes & Gravy Glazed Carrots Fruit Medley	4-May Chicken Quesadilla or Turkey Burger Tossed Romaine Salad Black Bean & Corn Salad Strawberries Tortilla Chips & Salsa	5-May Chicken Pot Pie with Biscuit or PB&J & String Cheese Tossed Romaine Salad Green Beans Peach Slices Rhubarb Cake 
8-May Chicken Nuggets or Build-Your-Own Pizzable Tossed Romaine Salad Country Blend Vegetables Applesauce Dinner Roll	9-May Salisbury Steak or Grilled Chicken Breast Tossed Romaine Salad Mashed Potatoes & Gravy Fresh Grapes Sliced Wheat Bread	10-May Sweet & Sour Chicken or PB&J & String Cheese Tossed Romaine Salad Steamed Rice Broccoli Florets Pineapple Tidbits	11-May Chicken Soft Taco or Ham & Cheese Rollup Tossed Romaine Salad Seasoned Pinto Beans Corn Pear Slices	12-May Cheese Dunkers & Sauce or Fish Melt Sandwich Tossed Romaine Salad Fresh Vegetables Fruit Cocktail Birthday Treat 
15-May Teriyaki Chicken Sandwich or PB&J & String Cheese Tossed Romaine Salad Steamed Rice Glazed Carrots Applesauce	16-May Popcorn Chicken or Yogurt & Waffle Tossed Romaine Salad Garden Green Peas Fruit Cocktail Jello	17-May Mini Corn Dogs or BBQ Chicken Flatbreads Tossed Romaine Salad Cheesy Potatoes Baked Beans Peach Slices	18-May Ham & Cheese on Pretzel Bun or Italian Chicken Patty Tossed Romaine Salad Broccoli Salad Fresh Apple Slices Cookie	19-May Chicken & Gravy or Turkey & Cheese Rollup Tossed Romaine Salad Mashed Potatoes Pear Slices Sliced Bread
22-May Breaded Chicken Sandwich or PB&J & String Cheese Tossed Romaine Salad Roasted Asparagus Pear Slices Sherbet Cup	23-May Taco Salad or Ham & Cheese Bagel Tossed Romaine Salad Refried Beans Corn Fresh Strawberries	24-May Baked Potato with Ham & Chz or Mozzarella Dippers Tossed Romaine Salad Steamed Broccoli Pineapple Tidbits Soft Pretzel & Cheese Sauce	25-May Hot Dog or Yogurt & Muffin Tossed Romaine Salad Oven Baked Fries Assorted Fresh Vegetables Peach Slices	26-May Scrambled Eggs & French Toast Sticks or Spicy Chicken Sandwich Breakfast Potatoes Strawberries Sunset Sip 100% Juice
29-May <p style="text-align: center;"><b>No School Today</b></p>	30-May Chicken Shapes or Mini Corn Dogs Tossed Romaine Salad Mixed Vegetables Applesauce Sliced Bread	31-May Mini BBQ Chicken Flatbreads or PB&J & String Cheese Tossed Romaine Salad Garden Green Peas Fruit Medley Chocolate Pudding	1-Jun Sausage Pizza or Yogurt & Banana Bread Tossed Romaine Salad Steamed Broccoli Peach Slices B-day Treat 	2-Jun Turkey & Cheese on Bun or PB&J & String Cheese Baby Carrots Applesauce Cup Sunset Sip 100% Juice Baked Lay's Chips 
5-Jun Grilled Cheese or Chicken Nuggets Tossed Romaine Salad Tomato Soup Green Beans Fruit	6-Jun BBQ Rib Sandwich or Yogurt & Muffin Tossed Romaine Salad Oven Baked Fries & Tots Assorted Fresh Vegetables Fruit	7-Jun Cheese Dunkers & Sauce Tossed Romaine Salad Assorted Fresh Vegetables Fruit Treat	 <p style="font-size: 2em;"><b>Have a great summer!</b></p>	