

SEPTEMBER 2017

FRIESS LAKE SCHOOL DISTRICT LUNCH MENU



Menu subject to change. Lunch Price is \$2.65. All meals come with choice of low-fat or skim milk. Ala carte milk is 25¢. Fresh Apples offered as a daily fruit choice.

Monday	Tuesday	Wednesday	Thursday	Friday
4-Sep	5-Sep	6-Sep	7-Sep	8-Sep
No School Today	Taco Salad <i>or</i> PB&J & String Cheese Tossed Romaine Salad Seasoned Black Beans Corn Applesauce	Ham & Cheese on Pretzel Bun <i>or</i> Cheese Pizza Tossed Romaine Salad Sweet Potato Fries Steamed Broccoli Pineapple Tidbits	Mini BBQ Chicken Flatbreads <i>or</i> Yogurt & Banana Bread Tossed Romaine Salad Country Mixed Vegetables Fresh Strawberries Birthday Treat Happy September Birthdays!	Grilled Chicken Sandwich <i>or</i> Ham & Cheese Roll-up Tossed Romaine Salad Mashed Potatoes & Gravy Green Beans Peach Slices
11-Sep	12-Sep	13-Sep	14-Sep	15-Sep
Chicken Nuggets <i>or</i> Yogurt & Muffin Tossed Romaine Salad Assorted Fresh Vegetables Baked Beans Applesauce	Cheeseburger Mac <i>or</i> PB&J & String Cheese Tossed Romaine Salad Garden Green Peas Pear Slices Soft Breadstick	Orange Chicken & Egg Roll <i>or</i> Build-Your-Own Pizzable Tossed Romaine Salad Steamed Rice Green Beans Fruit Medley	Breakfast Eggs with French Toast Sticks <i>or</i> Breaded Chicken Sandwich Breakfast Potatoes Cinnamon Applesauce Sunset Sip 100% Juice	Cheese Ravioli <i>or</i> Turkey & Cheese Roll-up Tossed Romaine Salad California Blend Vegetables Fresh Grapes Garlic Bread
18-Sep	19-Sep	20-Sep	21-Sep	22-Sep
Popcorn Chicken <i>or</i> PB&J & String Cheese Tossed Romaine Salad Country Mixed Vegetables Fruit Cocktail Dinner Roll	Ahoy Hot Dog Arrr! <i>or</i> YoHoHo Yogurt & Muffin Shiver Me Timbers Salad Buccaneer Baked Beans Tropical Fruit Salad White Cheddar Pirate's Booty Talk Like A Pirate Day	Cheese Dunkers & Marinara <i>or</i> Turkey & Cheese Roll-up Tossed Romaine Salad Steamed Broccoli Applesauce Cookie	Hamburger or Cheeseburger <i>or</i> Ham & Cheese on Bun Tossed Romaine Salad Oven Baked French Fries Broccoli Salad Fresh Apple Slices	Fun Fish Shapes <i>or</i> Mini Corn Dogs Tossed Romaine Salad Fresh Carrots & Kohlrabi Coleslaw Peach Slices
25-Sep	26-Sep	27-Sep	28-Sep	29-Sep
No School Today	Cheese Quesadilla <i>or</i> Ham & Cheese Roll-up Tossed Romaine Salad Black Bean & Corn Salad Pear Slices Tortilla Chips & Salsa	Breaded Chicken Sandwich <i>or</i> PB&J & String Cheese Tossed Romaine Salad Tator Tots Garden Green Peas Fruit Medley	Pepperoni Pizza <i>or</i> BBQ Rib Sandwich Tossed Romaine Salad California Blend Vegetables Applesauce Jello	Touchdown Chicken Nuggets <i>or</i> Turkey & Cheese Bagel Tossed Romaine Salad HUHS Glazed Carrot Coins Oriole Orange Wedges Orange & Black Cake Hartford Homecoming



Harvest of the Month

highlights seasonal crops in partnering school cafeterias, restaurants, and grocery stores throughout Washington & Ozaukee counties.

